



January 2025

Academia Preescolar de Inglewood Avenue/ 310-674-5011

## Happy New Year!

### Parents' Corner

#### How Consistency Helps Kids

Consistency is one of the most essential and productive strategies for effective parenting. This means being consistent in your schedule, routines, and rules; in their discipline patterns; and how you connect emotionally with your child. When parents are consistent, children know what their parents want them to do. Your child will be able to predict how you will react to specific situations, such as when it's time for bed. Inconsistency can be confusing for children. When one parent is inconsistent, the child learns that adult responses are not predictable. This can cause aggression, hostility, complacency, confusion, and rebellion. Striving to be consistent can be really challenging and time-consuming. It requires reflection and patience, but it's an investment in your child's development and will strengthen your relationship as they grow.



### January

**1st and 2nd** New Year's Holidays  
(School closed)

**20th** Martin Luther King Jr. Day (School Closed)

### February

**17th** President's Day  
(School closed)

### Reminders!!!!

**Extra Clothing Change:** Make sure your child has an extra set of clothes in their cubby for the colder weather.

**Blankets:** Make sure your child brings their sheet and blanket on Monday!! On Friday, take them home to be washed. Please label all items!

**Breakfast-** Please get your child to school in time to have breakfast with us. Infant Center breakfast is served from 8:00 a.m. to 8:45 a.m. and preschool breakfast is served from 7:30 a.m. to 8:15 a.m. This gives us time to clean up and start our programs on time. Thank you for your cooperation.

**School Closed - Monday, January 20th Martin Luther King Jr. Day**